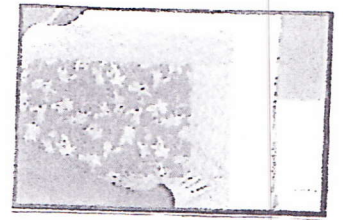


## Stitch & Flip Day 2 Class instructions



Use  $\frac{1}{4}$ " seam allowances unless otherwise stated.

1. Place backing fabric right side down on a flat surface.
2. Apply spray adhesive to the wrong side of the backing.
3. Carefully lay batting on top of back. Avoiding any wrinkles.
4. Spray adhesive to the wrong side of the center panel 18" X 27", and place it right side up, in the center of the batting.
5. For first border, place a 6" X 21" strip right side down along the short (18") side of the center panel, matching raw edges.
6. Stitch through all layers.
7. Flip open fabric, press and repeat on the opposite side. (Figure A)
8. Trim strip to be even with the left and right sides of the center panel, being careful not to cut through batting and backing. (Figure B).
9. Repeat the process, this time stitching the strips to the left and right (Figure C).
10. Open, press and trim strips to be even with the center panel (including side borders).
11. Repeat process for #2 border, starting with the short sides.(Figure D).
12. Sew binding strips into one continuous piece.
13. Fold strip wrong side together and press.
14. Attach binding to front side of quilt turn to back and finish.
15. Add that label and you are finished. Do you agree that this is EASY to finish in a day?



Figure A



Figure B

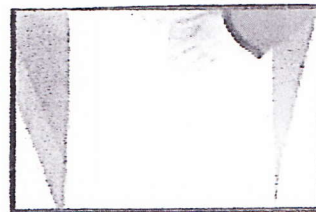


Figure C

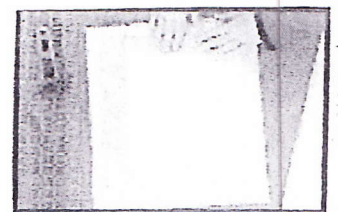


Figure D

## Stitch & Flip Quilt (Pre-class handout)

Finished quilt will measure 39" X 45"

Fabric needed:

All fabric best if prewashed especially if mixing types of fabrics.

Backing and batting should be a little larger than finished quilt

Front of quilt:

Cut One piece of fabric 18" X 27"

Border # 1 ½ yard or 18" X width of fabric, cut 3 - 6" stripes WOF

Border #2 2/3 yard or 24" X WOF cut 4 6" stripes WOF

Binding Cut 4 - 2 ¼ " strips WOF